

# Gastroenterology and Internal Medicine Specialists, S.C.

22285 Pepper Road, #311  
LAKE BARRINGTON, ILLINOIS 60010

24 HOUR ANSWERING SERVICE  
TELEPHONE (847) 382-4410  
FAX (847) 382-4451  
[www.GastroDr.com](http://www.GastroDr.com)

PLEASE READ ALL INSTRUCTIONS CAREFULLY ON **BOTH** SIDES OF THIS PAPER AS YOUR LIVER BIOPSY PREPARATION INSTRUCTIONS ARE ON THE BACK.

Your Liver Biopsy is scheduled with \_\_\_\_\_ on \_\_\_\_\_ @ \_\_\_\_\_

You are to arrive for your procedure **1 hour prior** to your scheduled time at the following place:  
(Main Entrance)

\*\*\*\*If you are having your test at a Centegra location, please call registration at (815) 334-5566

**TRANSPORTATION:** You must have an adult to drive you home and look after you for 12-24 hours. This is for your safety. A taxi or walking is not acceptable. The procedure takes about 30 minutes. However, plan to be at the hospital as long as 4 hours.

## **SPECIAL INSTRUCTIONS:**

### **DIABETICS ON ORAL MEDICATION (PILLS)**

Take only half the usual dose the day **BEFORE** the procedure. **Do not take** your diabetic medication on the day of your Liver Biopsy. You may take your medication when the procedure is over and you are able to eat.

### **DIABETICS ON INSULIN**

Test your blood sugar before you come for your Liver Biopsy. **Take only half of your usual dose of insulin on the day of your procedure.**

**STOP TAKING THESE MEDICATIONS 5 DAYS BEFORE YOUR LIVER BIOPSY:** advil, motrin, aleve, naproxyn, naprosyn, fish oil, ibuprofen, vioxx, bextra, iodine, relafen, mobic, arthrotec, anaprox, feldene, celebrex, daypro, meloxicam, indomethicin, diclifenoc, Vitamin E, aspirin or aspirin like products such as excedrin, alka seltzer, anacin, ecotrin, bufferin, vanquish, arthritis pain formula. **TYLENOL IS OK TO TAKE.**

**INSURANCE INFORMATION:** Our office handles the medical precertification of your procedure. For example, what your deductible is and co-pay amount. In an effort to make your procedure and subsequent billing go smoothly and without error, you **must** verify your benefits with your insurance company, specifically that your doctor, hospital or office endoscopy center is covered by your insurance plan. If you have an HMO insurance, please make sure a completed referral is sent to the location of your procedure. **Remember** to inform our office if you have any changes to your insurance coverage or insurance carrier. Finally, if your insurance company asks for a procedure code or if you have any financial coding questions, please call our billing office at 847-639-2999.

**OVER →**

**7 Days before your Liver Biopsy:**

**CHECK MEDICATIONS:**

If you take a blood thinning medication such as: Coumadin, Lovenox, Warfarin, Plavix, Pradaxa, Elequis, Ticlid, Effient, Xarelto or any other blood thinning medicine **CALL YOUR PRESCRIBING DOCTOR** for instructions on how to take your medicines. Tell your prescriber you are having a Liver Biopsy.

**IF YOU HAVE A MECHANICAL HEART VALVE OR HAVE HAD A STENT PLACED IN THE LAST 6 MONTHS YOU MUST HAVE INSTRUCTIONS ON TAKING BLOOD THINNERS FROM YOUR CARDIOLOGIST.**

**5 Days before you Liver Biopsy:**

**STOP TAKING THESE MEDICATIONS 5 DAYS BEFORE YOUR LIVER BIOPSY:**

advil, motrin, aleve, naproxyn, naprosyn, fish oil, ibuprofen, vioxx, bextra, iodine, relafen, mobic, arthrotec, anaprox, feldene, celebrex, daypro, meloxicam, indomethicin, diclifenoc, Vitamin E, aspirin or aspirin like products such as exceedrin, alka seltzer, anacin, ecotrin, bufferin, vanquish, arthritis pain formula.

**TYLENOL IS OK TO TAKE.**

**1 Day before your Liver Biopsy:**

You may eat your usual diet.

\*\*\*No alcohol, beer, or wine today or tomorrow.

**After midnight NOTHING should be taken by mouth. No food, fluid, gum, or candy is allowed until after your Liver Biopsy.**

**Liver Biopsy day:**

**No food, fluid, gum, or candy is allowed until after your Liver Biopsy.**

**EXCEPT:**

**With a small sip of water, you should take medications prescribed for:**

- blood pressure**
- seizures**
- heart (except blood thinning medicine if you have been told to stop it)**
- asthma (including inhalers)**