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Preparation Problems-Troubleshooting

****If you are having trouble with your prep and you have not spoken to the on-call provider, please call **847-382-4410**. If you have contacted the on-call provider and they have guided you here, please follow these steps below.**

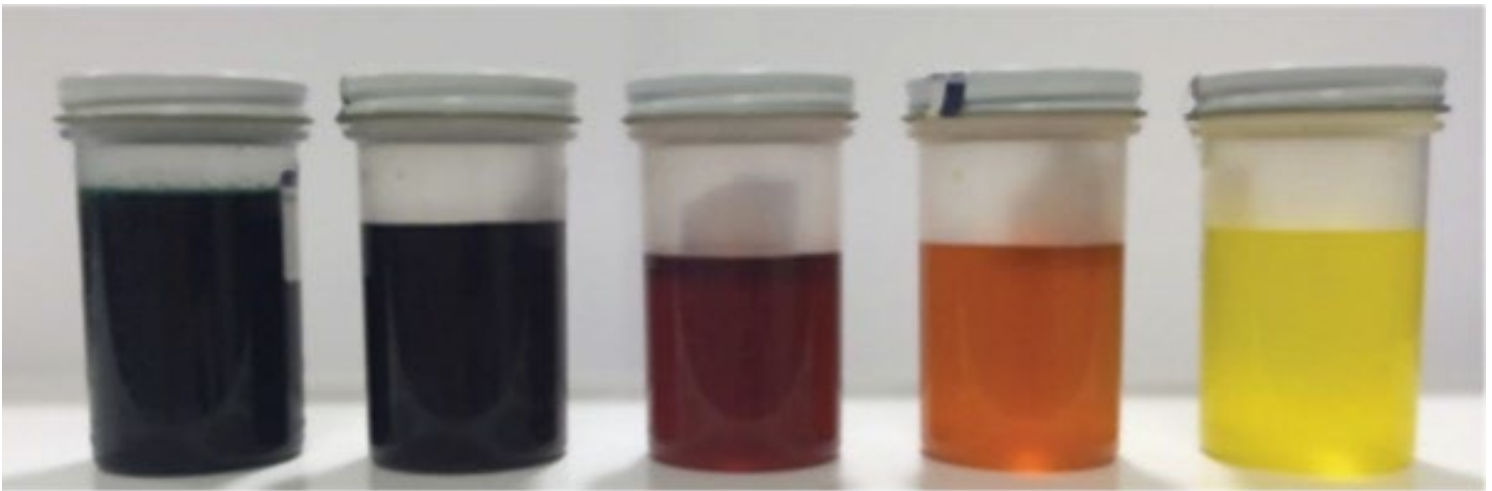
Vomiting/No Results:

- Go to the pharmacy and purchase (2) 10 ounce bottles of Magnesium Citrate (lemon lime). Drink 1 bottle of the Magnesium Citrate in the evening and 1 bottle in the morning 5 hours before your procedure. Continue to drink fluids, preferably fluids with electrolytes like Gatorade (no red or purple), Pedialyte, Liquid IV, or Propel water.

If Magnesium Citrate is not available at your pharmacy, please follow the instructions below:

- Go to the pharmacy and purchase Dulcolax Laxative tablets (Bisacodyl Generic), Miralax 8.3 oz size and Gatorade 28-32oz size or equivalent size of Pedialyte or Liquid IV. No red or purple liquid.
- Take two Dulcolax tablets immediately. Mix the entire bottle of Miralax with the Gatorade, or Pedialyte, or liquid IV. Wait 30 minutes. Drink half of the Miralax mixture. Wait 10-15 minutes and drink the remaining mixture.
- When bowel start, continue to drink clear liquids to remain hydrated and to have a successful preparation. Stools should become clear and yellow. There should be no solid stool but may have some sediment or mucous.
- Discontinue all liquids 4 hours before your procedure time.

If your procedure is **before 10:30am** and your stools are not clear and remain brown, call 847-382-4410 and speak to the on-call physician again. If your procedure is **10:30 am or later**, please leave a message. Someone will return your call after 8:00 am.



Dark and murky

NOT OK



Brown and murky

NOT OK



Dark orange and semi-clear

NOT OK



Light orange and mostly clear

Almost there!



Yellow and clear (like urine)

YOU'RE READY!



Clear liquid (1)

A



Turbid liquid (2)

B



Particulate liquid (3)

C



Liquid with small amount of feces (4)

D



Semil-solid stool (5)

E

Fig. 1. Photographic examples of rectal effluent shown to patients for reference. (A) Clear liquid (score 1); (B) turbid liquid (score 2); (C) particulate liquid (score 3); (D) liquid with small amount of feces (score 4); (E) semi-solid stool (score 5).